

Your skin sheds approx. 35,000 cells per hour! Exfoliation is a critical step to ensure removal of dead cells to reveal fresh, smooth and glowing skin. Take a look at this roundup of top exfoliant ingredients, and talk to your Dermalogica skin therapist about finding the perfect exfoliant to suit your skins needs.

Hibiscus Fruit Extract

This rich source of Vitamin C and Pyruvic Acid has superior moisturising capabilities that helps smooth and brighten skin. Find it in leave-on exfoliant **Daily Resurfacer**, perfect for **dry skins**.

Phytic Acid

This skin-softening phytochemical found in Rice Bran helps safely remove dulling surface debris from skin. Find it in Daily Microfoliant® and Daily Superfoliant™, where it's pulverised into an ultra-fine powder that's gentle enough for even the most sensitive skin.

Salicylic Acid

This skin-smoothing, breakout-friendly Beta Hydroxy Acid helps remove dead skin cells by breaking apart the attachments between the cells. Find it along with Lactic Acid in **Gentle Cream Exfoliant**. A great option to treat **breakouts**.

Mineral Micro Granules

This non-acid option will gentle polish dulling cells for instant glow. Ideal for tired looking skins concerned with signs of ageing. Find it in scrub form with MultiVitamin Thermafoliant®.

Lactic Acid

This Alpha Hydroxy Acid helps smooth skin, and stimulate cell turnover and **renewal** without leaving skin dehydrated. Find it along with other AHAs and exfoliating fruit enzymes in **Rapid Reveal Peel.** Great for the serious peel junkie.

Retinol

Although not strictly an exfoliant, Retinol has a powerful effect upon accelerating skin renewal and reducing the appearance of skin ageing. Find it in **Overnight Retinol Repair** and **Age Reversal Eye Complex.** A daily use treatment to treat the signs of **ageing.**

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