

young vs adult acne

Acne is caused by increased cell turnover, bacteria and over production of sebum. But what's the difference between young and adult breakouts?



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YOUNG ACNE



- Is caused by growth hormones sending oil production into overdrive.
- Is not caused by greasy food and chocolate.
- Can be made worse by harsh stripping products.
- Often runs in families.

skin care priority

Treat breakouts while creating an environmental shield against make-up, pollution and UV.

ADULT ACNE



- Is often caused by stress and hormonal changes.
- Affects up to 50% of the population.
- Is exacerbated by the additional challenges of premature ageing, pigmentation, slow healing and sensitivity.
- Can affect even very dry skins.

skin care priority

Use a product specifically designed to treat breakouts while also treating signs of ageing.

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