

# get the 'dirt' on cleansing

Make-up, pollution, airborne bacteria, sweat and oil all contribute to dirty skin and leads to breakouts! So how can you make sure you are cleansing like a pro?



**dermalogica**

## do the dermalogica double cleanse

This regimen is performed by skin care professionals and it is their secret to healthy, ultra-clean skin.



### STEP 1

An oil based pre-cleanse will attract superficial dirt and make-up like a magnet. Apply dry. Massage over face and neck. Add water to emulsify and rinse.

### STEP 2

Once superficial dirt is removed you are ready to choose the right cleanser for your skin. This step will deep clean while maintaining the natural skin's pH. Dispense. Add water. Massage over face and neck and rinse.

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