

what causes sensitive skin?

“Why is this happening?”

It's one of the first things most people ask in their search for relief. Skin sensitivity can be triggered by any combination of the following factors:

- Lifestyle (for example, stress, diet, smoking, or cosmetic ingredients)
- Environment (pollution and weather conditions)
- Physiology (stress, hormonal fluctuations)
- Genetics (hereditary skin irritability)

Regardless of what triggers it, one common trait of sensitive skin is a **compromised lipid barrier**. If you picture your skin cells as tiny bricks, lipids are the “mortar” holding them together. A healthy lipid barrier doesn't have any openings; it keeps skin hydrated and healthy by holding water in and keeping environmental pollutants out. When skin is exposed to triggers, openings form in the protective barrier – resulting in sensitive skin.

meet the rest of your skin sensitivity heroes



ultracalming™
cleanser
Soothing facial cleanser
for sensitive skin.



ultracalming™
serum
concentrate
Redness and sensitivity-
reducing serum.



barrier repair
Anhydrous shield for the
most sensitized skin.



super sensitive
shield spf 30
Broad spectrum physical
SPF, ideal for sensitive skin.

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powerfully soothing
NEW! UltraCalming™ Trio



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introduction

Nearly half the global population describes their skin as sensitive or very sensitive.¹ But despite its prevalence, treating sensitivity can feel like an uphill battle – because sensitive skin looks and feels different for everyone. Well, here's the good news: whether you have occasional flare-ups or constant discomfort, Dermalogica's powerful UltraCalming™ line soothes sensitive skin's painful and embarrassing symptoms, from redness and dehydration to discomfort, burning and compromised barrier.

Better yet, UltraCalming™ products get to the bottom of sensitivity and defend against future flare-ups – so your skin can return to its healthiest state.

1. Taleb, Charles, et al. "Sensitive Skin: A Review of Prevalence Worldwide." Sensitive Skin Syndrome Second Edition, CRC Press, Taylor & Francis Group, 2017, pp. 12–15.



NEW! powerfully soothing ultracalming™ trio

redness relief essence

Lightweight yet powerful essence calms, hydrates and reduces the appearance of redness.

barrier defense booster

Concentrated oil booster nourishes skin, relieves dryness and guards against discomfort.

calm water gel

Weightless water-gel moisturizer penetrates skin to lock in moisture.



we're here to help

Here are a few ways you can work with your Dermalogica skin therapist to get serious sensitivity relief.

sensitive skin rescue facefit treatment

Experience relief on the spot: This targeted 10-minute treatment relieves redness, helps repair the skin's natural protective barrier, and hydrates dry, irritated skin to instantly reduce sensitivity.

sensitive skin rescue skin bar® lesson

Find out how to use the new UltraCalming™ Trio for optimal results. With your skin therapist's guidance, you'll learn how to properly layer and apply products – and get an opportunity to try them out before you buy.

what's your sensitivity score?

Ask your skin therapist about Dermalogica's online Sensitivity Score tool. Just enter your location, and it will tell you what might trigger your sensitive skin – and provide a personalized regimen to address your top concerns.

