

today,
tomorrow,
always!



You've developed some amazing skin health habits over the past few months. Stay committed to your skin care routine by staying in touch with your skin therapist.

- With every new season, you should undergo a **Face Mapping®** skin analysis that will assess your current regimen and track your skin health results.
- Continue to schedule treatments to help address your skin's needs – needs that change daily!
- Make the Dermalogica Double Cleanse part of your daily routine, morning and night! The Dermalogica Double Cleanse begins with **PreCleanse**, the oil-based cleanser that efficiently lifts make-up, oil and debris. Follow by cleansing with your prescribed Dermalogica Cleanser for your cleanest, clearest skin ever.
- Exfoliate daily with **Daily Microfoliant®** or **Daily Resurfacer** to maintain that healthy skin glow.

For more tips and to find a skin therapist, visit [dermalogica.com](https://www.dermalogica.com)



say
“I do”
with
amazing
skin!

Get healthy and flawless skin with tips from the experts at Dermalogica.

dermalogica®

make every detail about your wedding flawless – including your skin!



6 months before

Whether you're throwing the ultimate party for 200 or hosting an intimate affair, your wedding day requires intense planning. The stress of it all could take a toll on your skin – but not if you have a healthy skin care plan!

The skin health experts at Dermalogica have created the ultimate skin care routine for your big day. It begins with your **Face Mapping®** skin analysis, the zone-by-zone diagnosis of your unique skin condition that outlines the most comprehensive regimen to get your skin healthy. Then, we will outline treatments and a home regimen to maintain results.

Your healthiest skin starts here – let's begin!



Start a series of skin treatments (one per month) to get skin in peak performance. Work with your skin therapist to book your monthly appointments now, as your schedule may fill up the closer you get to your wedding day.

treatments

Skin Treatments should focus on deep cleaning and exfoliation to purge skin of impurities. New to treatments or short on time? A 20-minute MicroZone® treatment jumpstarts your skin health regimen. We suggest:

- MicroZone® Flash Exfoliation (resurface, smooth, brighten)
- MicroZone® Blackhead Relief (clear and prevent breakouts)
- MicroZone® Rapid Spot Clearing (speedy breakout recovery)

at home

- Clay-based **Sebum Clearing Masque** helps pull breakout-causing debris and congestion from skin.
- Make **Daily Microfoliant®** part of your daily routine to lift dulling debris, brighten, and even skin tone.

quick tip

Ask your skin therapist if she offers a bridal package of 6 treatments. You could save money, and won't have to fuss with rebooking each month.

5 to 4 months before



The big day is still months away, giving you ample time to take on your biggest skin concerns. Be diligent about keeping Skin Treatment appointments and maintaining your home care regimen.

treatments

It's time to focus monthly Skin Treatments on your biggest concerns (fine lines, age spots, breakouts). Discuss any issues or concerns with your skin therapist.

at home

Pair professional Skin Treatments with problem-solving skin care at home to maximize skin health results.

- **Overnight Clearing Gel** helps clear congestion and prevents breakouts.
- Revitalize the skin around the eyes while taking on wrinkles, dark spots, puffiness and dehydration with **Age Reversal Eye Complex**.

quick tip

Ask your skin therapist if she has experience with treatment room tools that increase hydration, zap breakouts, or deep clean for an added boost.

3 to 2 months before



You're counting down to the big day, securing final arrangements... and maybe feeling a little stressed! The more you go with the flow, the better you'll feel, and the less trauma your skin will experience.

treatments

Your last few treatments should focus on glowing, firming and hydrating! Watch for stress hormones that can trigger breakouts or sensitivity flare-ups.

at home

- Energize skin with antioxidants from **MultiVitamin Power Recovery® Masque**.
- Stress can cause sporadic breakouts to surface. Conceal and heal with **Concealing Spot Treatment**.
- Keep skin calm and free of flare-ups with **UltraCalming™ Serum Concentrate**.

quick tip

Don't test out any new products once you reach the 2-month mark. Stick with what your skin therapist has outlined for your home care routine.

1
month
before



The celebration is fast-approaching – keeping up your skin care routine will help ensure you look healthy and beautiful on the big day.

treatments

Schedule your final skin treatment 3 to 4 days before your wedding. This treatment should be more about gently cleansing, exfoliating and moisturizing, and any extreme treatments should be avoided.

at home

- The day before your wedding, perform gentle exfoliation with skin-brightening **Daily Microfoliant**®.
- Follow with an application of **MultiVitamin Power Recovery**® **Masque** to increase suppleness.

quick tip

If breakouts, oily shine, or sensitivity flare-ups are on the rise, schedule a MicroZone® 20-minute treatment that will focus on your skin issue, opposed to treating your entire facial landscape.

say “i do” with
amazing skin!
the big day is here!



Devote your day to make-up and hair. Don't do anything out of the norm to your skin except for your basic cleansing, toning and moisturizing routine.

quick tip

Create an emergency kit and ask your maid of honor (or someone you trust!) to keep hold of it. Your kit should contain:

- **Concealing Spot Treatment** in case of a breakout.
- **Antioxidant HydraMist** to energize and keep make-up fresh.
- **Renewal Lip Complex** to keep lips conditioned.

Take a deep breath: you're ready to go!

